

# THE COVID-19 VACCINES

Your questions, answered.



Experts around the globe have been working tirelessly to develop safe and effective vaccines against COVID-19. And now, they're here. Learn what this can mean for you.

We know you may have questions about the new vaccines. To help, we've outlined some common ones that may be on your mind. Be sure to talk with your primary care provider (PCP) for the personal guidance you may need.

› **Are they safe?**

Cigna looks to the Food and Drug Administration (FDA) and the Centers for Disease Control and Prevention (CDC) to assess matters of safety and efficacy. After rigorous testing, FDA experts have determined the vaccines to be safe and effective for adults.

› **How much will they cost?**

Cigna will cover FDA-authorized vaccines as a preventive service, so they will be available at no additional cost to you.\*

› **Where can I get a COVID-19 vaccine?**

Your PCP or local health department is your best source to help you find out where and when to get vaccinated.

› **I heard I may need two shots. Is that true?**

So far, most vaccines require a booster shot about a month after the first dose to be effective.\*\* Your doctor can help you understand which vaccine you'll get and when and if you'll need a second dose.

**Updated December 31, 2020. For the most up-to-date information, visit [Cigna.com/coronavirus](https://www.cigna.com/coronavirus).**



**CONTINUE TO PROTECT YOURSELF AND OTHERS.**

It may take some time before the COVID-19 vaccines are available to everyone. We urge you to still wear a mask in public, practice social distancing and wash your hands often.

**Together, all the way.®**



## Distribution of vaccine\*\*\*

The current vaccines are authorized for people age 16 and older; however, not everyone will be able to get the vaccine right away. With guidelines from the CDC, the vaccines will be rolling out in phases. Those most at risk will have priority.

PHASE 1	PHASE 2
<p><b>Phase 1a</b></p> <ul style="list-style-type: none"><li>▶ Health care personnel</li><li>▶ Long-term care facility residents</li></ul> <p><b>Phase 1b</b></p> <ul style="list-style-type: none"><li>▶ Frontline essential workers</li><li>▶ People age 75 and older</li></ul> <p><b>Phase 1c</b></p> <ul style="list-style-type: none"><li>▶ People age 65 to 74</li><li>▶ People age 16 to 64 with underlying medical conditions that increase the risk of serious, life-threatening complications from COVID-19</li><li>▶ Other essential workers</li></ul>	<ul style="list-style-type: none"><li>▶ People age 16 to 64 without high-risk medical conditions</li></ul>



### TALK TO YOUR DOCTOR TO LEARN MORE

Contact your health care provider or local health department to find out if you are able to get a COVID-19 vaccine and where and when to get vaccinated.



For more information, visit our COVID-19 Resource Center at [Cigna.com/coronavirus](https://Cigna.com/coronavirus).



\*For plans that cover preventive services at 100%.

\*\*There is currently one COVID-19 vaccine in development that requires only one dose. See CDC, "Frequently asked questions about COVID-19 vaccination." Last updated December 29, 2020. <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/faq.html>.

\*\*\*This information is subject to change based on CDC updates. While each stage of the vaccine rollout is being guided by the federal government, states can and are devising their own distribution plans that may deviate slightly from the federal recommendations.

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