

FENCING

Fencing, with Michael Ruhala of Treasure Coast Fencing, will teach participants the art of the saber. This class is a fun way to improve physical fitness and mental agility. Skills learned can be transferred to self-defense with an umbrella, walking cane or simple stick! Class will be held at the Palm Beach Day Academy Gym, 241 Seaview Avenue, Palm Beach 33480.

Fridays (Monthly)

3:30-5:30pm

11-17yrs Resident \$144 Nonresident \$166

Private lessons available by appointment only.

Loaner equipment is available, however, participants may purchase their own.



For younger children wishing to participate,
please call the office.



Palm Beach Recreation

340 Seaview Avenue Palm Beach FL 33480

561-838-5485 www.palmbeachrecreation.com